

Coping with our Current State of Affairs

Discussions about Mental Health in the time of Coronavirus, Racism and our Political Atmosphere

Program Outline

- Introduction
- Guided Meditation... Teri Racey (3-5 min)
- Remarks:
 - Dr. Lynn Rosen
 - Teri Racey
 - Dr. Cara Fenster
 - Vanessa Farris - Harris
- Panel Discussion:
- Questions to Panelists
- Special Thank Yous
- Closing Meditation